

Self Reliance Services Class Options

Classes Offered

1. Emotional Resilience
2. Personal Finances
3. Starting and Growing My Business
4. Find a Better Job
5. Education for Better Work
6. *English Connect 1 & 2
7. *Life Skills

| JAN | FEB | MAR | APR | MAY | JUN | JUL | AUG | SEP | OCT | NOV | DEC |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Multi | Multi | Multi | Multi | Mini | Mini | Mini | Mini | Multi | Multi | Multi | Multi |
| Micro | Micro | Micro | Micro | Micro | Micro | Micro | Micro | Micro | Micro | Micro | Micro |

| | Micro | Mini | Multi-Stake |
|---------------------------------|--|--|---|
| Frequency | As Needed, year round | 1 x year (summer) as needed: May-Aug | 2 x year: Jan-Apr, Sep-Dec |
| Attendance Size | 2+ | 6+ | 30+ |
| Sponsor (provides facilitators) | Ward/Quorum/Relief Society | Participating Wards | Stakes |
| Devotional | No | No | Yes |
| Registration | Yes | Yes | Yes |
| Facilitator Training | Stake or ward SRS | Stake or ward SRS | Stake SRS |
| Schedule | Flexible/adaptable | Normal | Normal |
| Signup | Personal invitation/desire Contact stake or ward SRS for assistance and books | srs.blockready.org | srs.blockready.org or other stake web sites |
| Class size | Small | Normal based on demand | Normal |
| Advertising | Ward/Quorum/Relief Society/Individuals | Web Site, Facebook, email to ward leadership | Web Site, bulletin boards, Facebook, email to ward leadership |
| Advertising/signup begins | Year round | March | July and Nov |
| Coordinating Planning Meeting | Ward Council | Stake SRS Committee 1st week in March | Tri Stake Mtg in July and Nov |
| Leadership | Ward Council/Bishop assigned | Stake Presidency | Canyon View Stake |

*Special arrangements for these courses

Use Cases/Stories

Micro

Sister Perry is a ministering sister for Sister Adams. Sister Adams, as a single mother, has been looking for a better job to support her family. She asks Sister Perry if she would attend a "Finding a Better Job" course with her. They reach out to the ward self reliance specialist and receive a one hour training on being a facilitator. They also obtain the books from the stake self reliance specialists. They make a schedule that allows them to meet twice a month, once in person and once by teleconference. They take turns each meeting as facilitator.

Mini

Sister Smith is a member of a book club. She learns about the emotional resilience class and suggests to the other book club members that they take the class together. They check the web site and learn the course is offered in large groups in January and September and in smaller groups in May. They register for the May session and start the course together. Part way through the course, Sister Jones needs to take a month off to recover from surgery. Since this is a mini course with no aggressive time commitment, the group decides to pause the course for a month so Sister Jones can rejoin them without missing any instruction.

Multi-Stake

Brother Jones is interested in starting a business. He learns about the class being offered and decides to attend with the multi-stake group to better expand his network. He registers online and attends the devotional. He begins attending the classes. After the course is completed, he continues to keep in touch with friends he has acquired through the class and shares insights with them as he works on his new business.